



NATIONAL SORORITY OF PHI DELTA KAPPA, INC.

EASTERN REGION

Dr. Etta F. Carter
Supreme Basileus

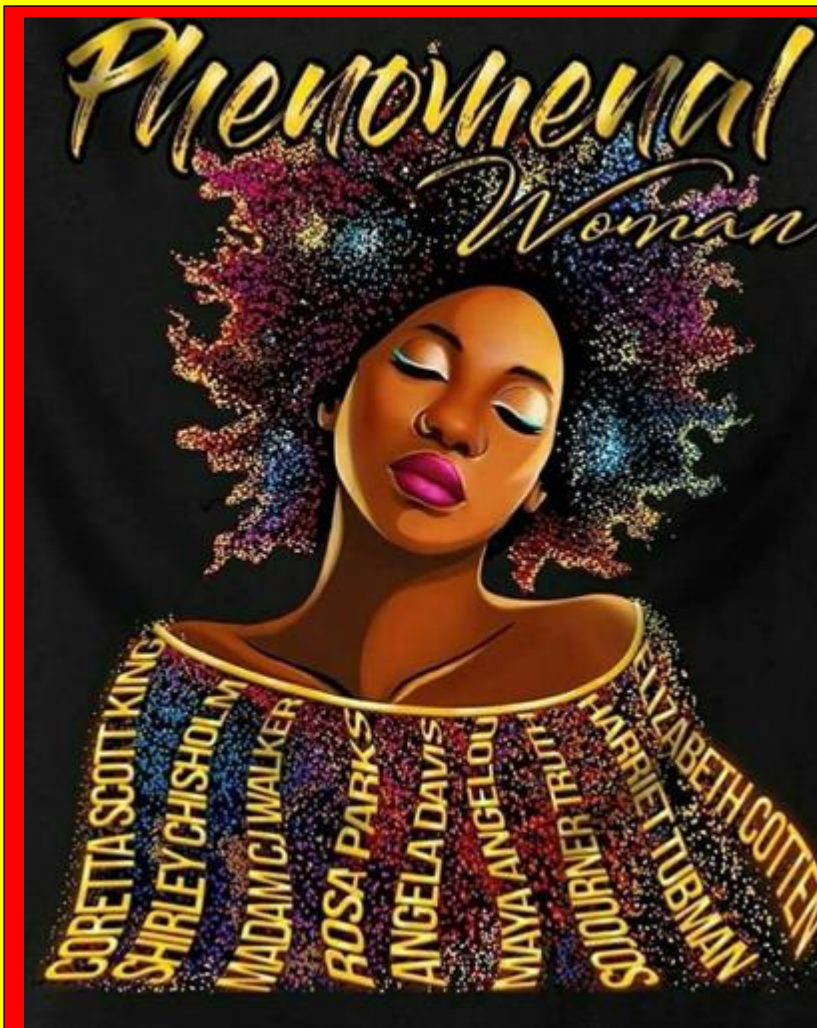
Dr. Patsy O. Squire
Eastern Regional Director



Anona Huntley
Member-At-Large



MARCH 2021



KEEP ON – KEEPING ON

*Sky is the limit and you know
that you keep on*

Just keep on pressing on

*Sky is the limit and you know
that you can have what you
want*

Be what you want.

The Eastern Region

ROCKS

**“I’m a Black woman. Empowered,
powerful, and greatness.”**

- Stephanie Lahart

Follow the Light!

Grow the LEGACY!

Empower the Sisterhood!

A MIGHTY LEADER and W O M A N



Dr. Patsy O. Squire

Perfect Regional Director for such a time as this, and perfect for National Sorority of Phi Delta Kappa, Inc.

2021 MESSAGE Y.E.S. PLANNING MEETING

How are you Staying Focused in the Midst of Madness?

Yes, you should recognize our sheroes and heroes. What do we tell our People? As Queens, we continue to give a message of hope. Taken from a Facebook post, This is what we tell our People...

YOU SAID you couldn't read...I showed you Floyd Mayweather and Fantasia.

YOU SAID you're homeless...I showed you Tyler Perry and Tiffany Haddish.

YOU SAID you thought you couldn't get past a dark place...I showed you Jennifer Hudson.

YOU SAID you were nothing but a drug addict...I showed you Samuel L Jackson.

YOU SAID your appearance would hinder your opportunities...I showed you Lizzo.

YOU SAID you were molested...I showed you Oprah Winfrey.

YOU SAID nobody could beat cancer....I showed you Robyn Roberts.

YOU SAID life was over because you were HIV+...I showed you Magic Johnson.

YOU SAID the odds were against you because you were adopted...I showed you Nelson Mandela.

YOU SAID you weren't strong enough to persevere...I showed you Chadwick Boseman.

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YOU SAID you couldn't leave the streets...I showed you Jay Z.

YOU SAID you were cheated on and it crushed you...I showed you Beyonce.

YOU SAID your father wasn't around and your mom struggled...I showed you Lebron James.

YOU SAID mixed kids never really fit in...I showed you Barack Obama.

YOU SAID you were too old and your time was up...I showed you Tiger Woods.

YOU SAID you should give up after losing the biggest opportunity of your life...I showed you Stacey Abrams.

YOU SAID you grew up in public housing, and I showed you Raphael Warnock...

YOU SAID no one would listen because of your speech impediment....I showed you Amanda Gorman...

YOU SAID no woman has ever risen that far...I showed you Kamala Harris.

Perseverance is the power that fuels our becoming. We are Queens with a warrior Spirit. AmeriKKKa, spelled A-M-E-R-I-K-K-K-A wants to destroy our worth. They showed us how much they care about Democracy by storming and degrading the Capitol Building in Washington, DC on Jan. 6, 2021. They've always shown how they feel about us. Thank you for not allowing AmeriKKKa to steal your faith. You are that Trailblazer, that change maker, that Uplifter, always fighting in your own special way for justice and equity. You are that Queen!

We are in the middle of a Pandemic, fighting for our life and the lives of our family members, yet you are still staying focused in the middle of the Madness. Yes, You, my dear Sorors, you are Our Essential Workers. You are asked to implement face to face learning and Virtual Learning simultaneously while creating Bitmoji Classrooms and TikTocking to engage our learners. Some of our Senior Sorors help to implement Virtual Learning while some are babysitting so our loved ones can go to work. You are that Queen!

My sisters, you have learned to teach using digital formats and helped search for some of the students not in class. You are making a difference at the table while managing your families and staying safe during the Covid-19 Pandemic. You've held together relationships, and made time for our Creator. Like Queen Nefertiti, you hold many names and titles. She was a warrior wife and represented beauty, grace and energy while ruling during the wealthiest period of ancient Egypt. Her leadership was powerful. Like you, Queen Nefertiti knew when to be silent and when to speak. We know how to reinvent ourselves when necessary. You are that Queen!

During the 80th Virtual Eastern Regional Conference, I asked Sorors to Follow the Light, Grow the legacy and Empower the Sisterhood! Sorors, you have done all three with Excellence. We have zoomed virtually thousands of minutes during this Pandemic to implement Youth, Education and Service. YES. We have attended monthly Eastern Regional Meetings, Chapter Meetings, Teach a-Rama events, Xinos/Kudos Activities, Krinon Club Educational Programs, Sisterly Activities, Fundraising events, Health activities, and now virtual Interest Meetings. You serve with fierceness and boldness.

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I encourage you my Nubian Queens and Princesses, wear your crown, wear your beautiful Head wrap with pride. They can't take our unique style, class, and grace. Continue walking in confidence making sure the "Great Eight", our "Eight Shades of Red" are smiling on us as we continue the Legacy of the National Sorority of Phi Delta Kappa, Inc. My Queens, let your light Shine! Don't let them steal your Faith! I thank you for remaining prominent in the midst of the Madness.

(Dr. Patsy O. Squire, Eastern Regional Director)



Congratulations to our faithful and fearless Eastern Regional Director for planning a productive and engaging professional meeting of the Eastern Region. The Eastern Region Executive Board and Administrative Team gave sorors a virtual experience that will go down in the records as a distinguished model for what virtual professional development should be.

Educators know how to rise above making what seems impossible – even know how to get pass those sharing the gifts we bring to National Soror Dr. Lavetta Ross (Alpha) similar to the recipe for potato salad. make a great bowl of potato salad. No potatoes will create the prize-winning buds or receive the coveted blue ribbon. It's like that in our organization and our meetings. Even though each of us is unique, 'Together we are better'. We each bring something to the table. Each member has something to contribute. Dr. Ross provided a recipe to use for our chapters. Try it sorors. We might just like the way it tastes.



challenges, to persevere, possible. And as women, we obstacles that hinder us from Sorority of Phi Delta Kappa, Inc. illustrated that NSPDK, Inc. It takes many ingredients to one ingredient alone added to recipe that will whet our taste

Tater Salad Recipe

1. **Serving Size (Goals)** does my chapter have clear direction and defined goals?
2. **Ingredients (Communication)** do we practice open and clear communication?
3. **Prep Time (Collaboration and Communication)** amongst my sorors, do we have the spirit of collaboration and communication?

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Grow the LEGACY!

Empower the Sisterhood!

4. **Instructions (Roles and Rules)** do my sorors respect the defined roles and play by the rules?
5. **Ingredients (Respect, Trust and Accountability)** do I respect and trust my sorors, and are we accountable to one another?
6. **Calories (Commitment)** am I committed to my chapter?
7. Are my sorors committed to me?
8. **Refrigerate (Safe Environment)** are chapter meetings held in a safe space? (emotional safety)
9. **Bon Appetite (Fun)** do we have fun in my chapter? (sisterly activities)
10. **Do we look after our seasoned sorors?**

In conclusion, Dr. Ross passionately urged us to listen to the words of Romans 12:9-18 when they are read so that we may receive inspiration and revitalization.

Workshops were amazing! The Technology gurus, Sorors Kelli Bryant and Monica Newell did an awesome and expedient job of organizing breakout rooms and moving sorors into workshops. Seems there's never enough time when you're having fun. Basileus Ironda Lynce (Epsilon Chi) introduced sorors to *Canva and PosterMyWall*. Programs seem user friendly with practice when you're creating those flyers and brochures. We also learned that there is a program for removing the white backgrounds.



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Speaking of fun, without a doubt, the Photo Booth was a smashing success. In and out of character, this activity generated lots of sisterly fun and bonding.

Eastern Region business was fulfilled. Reports were given and the great news is that the Eastern Region is well and growing, even chartering new chapters and reinstating others.

WHAT'S HAPPENING NOW!!

VIRGINIA STATEWIDE KRINON CLUB
26 CANDIDATES

3 CHARTERS
MONMOUTH COUNTY, NEW JERSEY
ROCHESTER, NEW YORK ~ 62 INTERESTED
WESTCHESTER COUNTY, NEW YORK

DEAN OF PLEDGEEES
PLEDGEES

REACTIVATING
EPSILON UPSILON ~ GREENSBORO, NORTH CAROLINA

MOVING NSPDK FORWARD IN A VIRTUAL WORLD

EASTERN REGION MEMBERSHIP COMMITTEE

NATIONAL SORORITY PHI DELTA KAPPA, INC.

Sylvia Egitoc, Delta Nu Chapter
Bertie McJannet, Xi Chapter
Maria Allmond, Alpha Mu Chapter
Monica Lewis, Gamma Chapter
Lisa Mims, Rho Chapter
Keri Capers, Epsilon Chi Chapter
Angela Ruggold, Membership Chair, Rho Chapter
Danelle Williams, Delta Phi Chapter



**THIS
TEAM
WORKS**

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“Our Voice is who we are. As WOMEN, we sometimes feel we must hide our voice”

**UNITY CELEBRATION
EPSILON SIGMA CHAPTER
“Bonding, Building, and
Belonging”
February 27, 2021**

Keynote speaker, Rev. Khristi Lauren Adams, author of “Parable of the Brown Girl”, asked participants two



thought-provoking questions: What

areas of your life have caused you to put pieces of it aside? and How much of your voice are you giving up — to stay in unhealthy situations?

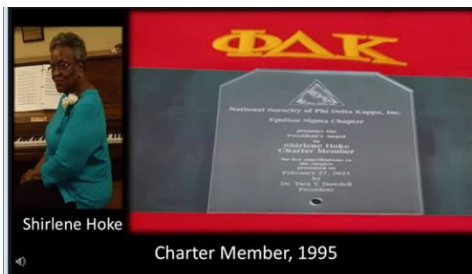
NOW IS NOT THE TIME TO HIDE YOUR VOICE. Rev. Adams in

Getting your voice heard in a male-dominated world.

her genteel but powerful ‘voice’, called on women to practice using our voice, being confident enough to give our opinions or share our feelings. She emphasized that women must have the ability to find

language that validates our own experiences. Women must find our authentic voice. “All of us were created with intention. If God gave it to us, we’re supposed to use it. We are called to speak and use our voice. Find your voice in opposition. Your voice counts and means something. To lose or hide that potential is a tragedy”.

Special acknowledgement and recognition were extended to charter member **Shirlene Hoke (1995)**.



Soror Hoke was presented with the President’s Award from the chapter for her years of service to the sorority and Epsilon Sigma.



Guests were introduced to a dynamic couple determined and dedicated to advancing African-American culture, education, and pride. **Bobby and Dorothy**

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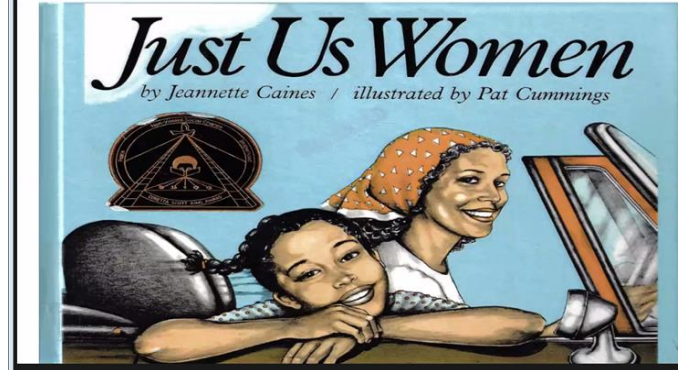
Guthrie, are the Co-founders and curators of the African-American Museum of History & Culture in Gastonia, NC. According to Dorothy, the museum is all about changing the growth mindset of young people about African-American culture, heritage, and history.



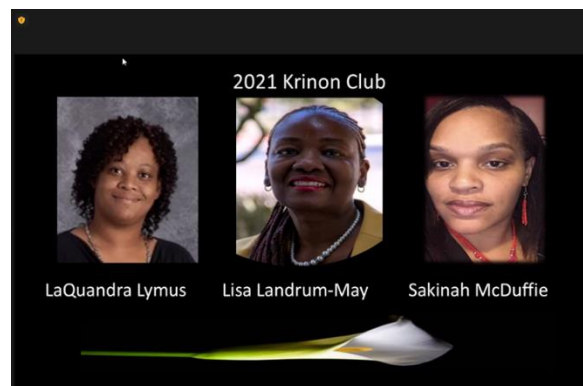
Ms. Guthrie gave an enthusiastic presentation and is a living and knowledgeable resource of North Carolina African-American-History.



Guests were treated to a whirlwind adventure of famous people and places – and little-known facts about North Carolina. **Dr. Patsy Squire applauded the Guthries for doing a great work and continuing the legacy of our people.**



Soror Jahara Davis performed a rich and soulful rendition of Sam Cooke's 'A Change is Gonna Come'. Damarie Nicole Carrasco of Elizabeth, NJ danced; and the 2021 Epsilon Sigma Krinon Club also participated on the program.



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Sorors had a fabulous time during the Y.E.S. Planning Meeting taking selfies, changing outfits, experimenting with the props and adding their sisters from across the region to their pictures. Some of the selfies are just too funny. The hyperlink is included here — but could be expired. Great activity. Thank your Executive Board!

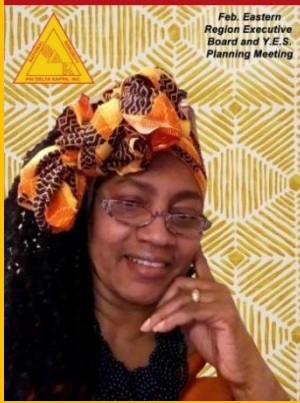
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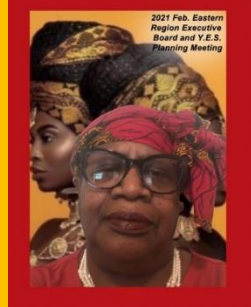
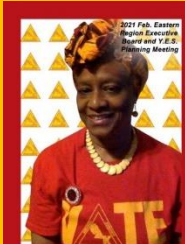
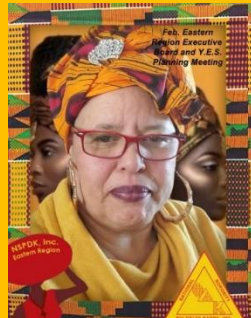
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FUN



Follow the Light!

Grow the LEGACY!

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FUN TIME WITH MY SISTERS



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BLACK WOMEN TRAILBLAZERS

SORORS

REACH FOR THE TOP

Ava DuVernay – American filmmaker. For her work on *Selma*, DuVernay became the first Black woman nominated for a Golden Globe (Best Director) and Academy Award (Best Picture).

Barbara Jordan – American lawyer, educator, politician and leader in the Civil Rights Movement. She was the first African-American elected to the Texas Senate and the first Southern elected to the US House of Representatives.

Charity Adams Earley – the first African-American woman to be an officer in the Women's Army Auxiliary Corps (WACS) and was the commanding officer of the first battalion of African-American women to serve overseas during World War II.

Daisy Bates – Civil Rights activist, publisher, journalist, and lecturer who played a leading role in the Little Rock Integration Crisis of 1957.

Daisy Elizabeth Adams Lampkin – Her skills as an orator, fundraiser, organizer, and political activist guided the work being conducted by the N.A.A.C.P. and the National Council of Negro Women.

Edmonia Lewis – the first African-American sculptor to achieve national and international prominence.



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MRS. SARAH J. S. GARNET

Sarah J. Smith Tompkins Garnet
1831-1911

At age 14 she started work as a teachers assistant. By the age of 32, she became the first African-American female principal in the New York Public School System managing two public schools. She was also a successful business owner of a seamstress shop. She was active in both the Civil Rights and Suffrage Movements and helped found the Equal Suffrage Club in Brooklyn.

Her younger sister, Susan Smith McKinney Steward (1847-1918), became the first African American woman to earn a doctor of medicine degree in New York state.



Harriet Tubman – American abolitionist and political activist. She escaped slavery and made some 13 missions freeing approximately 70 enslaved people in a network known as the Underground Railroad.

Jane Bolin – First Black woman to serve as a judge in the United States.

Katherine Johnson – Mathematician and one of the first African-American women to work as a NASA scientist.

Mae Jemison – First African-American woman to become an astronaut.

Mamie Phipps Clark – Social psychologist who, along with her husband Kenneth Clark, focused on the development of self-consciousness in Black preschool children. This work included doll experiments that investigated the way African-American children's attitudes toward race and racial self-identification were affected by segregation.

Maria Louise Baldwin – Outstanding educator who in 1889 was appointed principal, the first African-American female principal in Massachusetts and the Northeast.



Follow the Light!

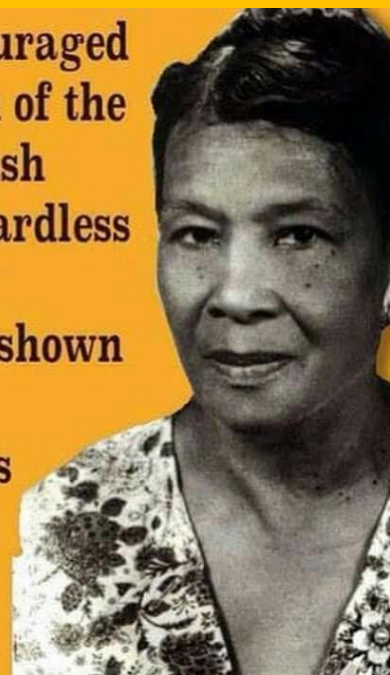
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**“Be not discouraged
Black women of the
world, but push
forward, regardless
of the lack of
appreciation shown
you.”**

**- Amy Jacques
Garvey**



Marian Wright Edelman – Activist for children’s rights and disadvantaged Americans. She is founder and president emerita of the Children’s Defense Fund.

Marjorie Lee Brown PhD – One of the first African-American women in the US to earn a doctorate in mathematics along with Evelyn Boyd Granville.

Marva Collins – Educator best known for creating Westside Preparatory School, a private elementary school in Chicago, Illinois.

Maya Angelou – Poet and civil rights activist. She received dozens of awards and more than 50 honorary degrees. Angelou is best known for her series of seven autobiographies, which focus on her childhood and early adult experiences. “I Know Why the Caged Bird Sings” brought her international recognition and acclaim.

Nannie Helen Burroughs – an African-American educator, orator, religious leader, civil rights activist, feminist, and businesswoman. Her speech “How the Sisters Are Hindered from Helping” at the 1900 National Baptist Convention in Virginia, instantly won her fame and recognition.

Septima Poinsette Clark – African-American educator and civil rights activist. Clark developed the literacy and citizenship workshops that played an important role in the drive for voting rights and civil rights for African-Americans in the Civil Rights Movement.

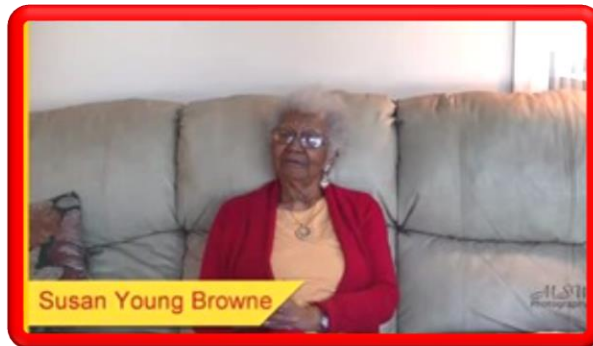
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CELEBRATING LIFE

**ALPHA PI
CHAPTER
Dover, DE**



**Soror
Susan Young
Browne**

HERSTORY

Members of Alpha Pi Chapter (Dover, DE) and the community celebrated and paid tribute to 102 years young Soror Susan Young Browne as part of the chapter's Black History month activities on February 21, 2021. Soror Young was interviewed by Soror Melissa White, principal of Fairview Elementary School where Soror Young retired from after teaching for thirty years.

Soror Young began her own education in a 1-room schoolhouse. Her elementary school teacher was an inspiration to her. She went to high school as a boarding student. She amused participants as they listened to her antics while at boarding school. She recalls a time when as a teacher at a segregated school, she was standing at the door of her classroom to greet students and parents. She remembers a parent crying as she walked with her child right pass Soror Young upon seeing that her child's teacher was Black. However, after the child learned to read, the mother expressed her gratitude to Soror Young.

Soror Young taught grades 1 – 6. She enjoyed teaching third grade best. She was a teacher who liked dancing and she taught her students square and folk dancing. Her favorite subjects to teach were Social Studies and Math. Her third grade students were always proficient at naming all the states.

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When asked what advice she would give young people, Soror Young is emphatic that *all* young people should get an education to prepare themselves for life.

Soror Young traveled quite a lot after retiring. She shares that while she was a teacher, both Alaska and Hawaii became states, so Alaska was her first trip after retiring. She has visited many countries and states.

Vickie Pendleton, Basileus of Alpha Pi Chapter was joined by Soror Clealyn B. Wilson, the first 'Black Teacher of the Year' in Delaware who served as the Mistress of Ceremonies.



A highlight of the program was an original spoken word performed by Dover High School Senior, Nyani Scott titled "COVID-1963" Quite powerful!



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“Mindfulness Matters”

IOTA CHAPTER

TEACH-A-RAMA – February 9, 2021

Sorors discussed and were shown strategies for eliminating classroom management issues using technology, and strategies for handling toxic stress. The goal of the workshop was to bring attention to how *Mindfulness* is used in schools. Educators are finding creative ways, using technology, to develop healthy communication and thinking activities for students.

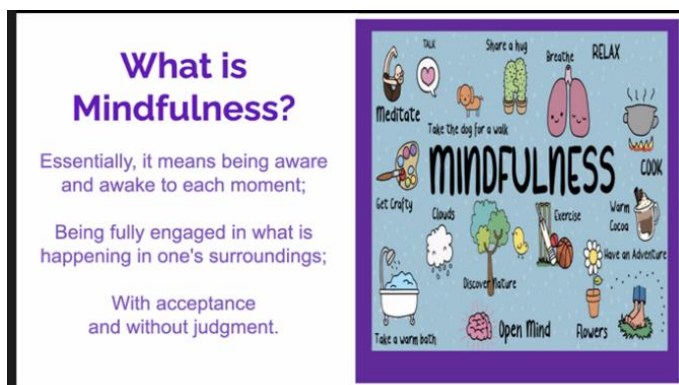
- Escape Room Activities
- Calming Room
- Bitmoji Classroom
- Mindfulness Classroom

In designing a Bitmoji Classroom, the teacher pre-programs the assignment(s) with all the features students need to build their own Bitmoji.

Ideas were given to participants for using mindfulness at home. As parents and adults, we should be aware of self and how we speak and sound to other people (our tone of voice) A calm tone is always better received. *Sorors practiced recording themselves reading a script – and playing it back to listen to their own voice.*

Sorors practiced breathing techniques to use when they're technology burned out.

Soror Lateefah Scott conveyed that as educators, we have to check in with each to ensure that our social and emotional wellness is okay.



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“Equity In Education”

BETA TAU CHAPTER

February 6, 2021

During this workshop, sorors heard Ruby L. Brown, Interim Equity Supervisor – Wicomico County Public Schools highlight what the Equity Policy goals are for Maryland.

“Equity Means Giving An Individual Student What He Needs to Succeed”

Ms. Brown spoke of past stringent guidelines that prohibited students from participation in certain academic and vocational programs.

After watching the video “Life of Privilege Explained In A \$100 Race”, she charged sorors to learn something about somebody else’s story.

<https://youtu.be/kyl4EJhq47A>

“So many of us are still standing behind the line waiting to be given permission to race”. And...

There’s A Race Towards Opportunities.

Lastly, Ms. Brown echoed other minds in saying that “we have an obligation to look at who is teaching our children, and do our children see teachers that look like them”.



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WELLNESS and Empowerment

MENTAL HEALTH and WELLNESS DURING the PANDEMIC

PI CHAPTER – TEACH-A-RAMA

February 6, 2021

Kimme Carlos, Wellness and Empowerment Coach



“As Black women, it’s okay to say, I AM NOT OK”. The featured speaker for Pi Chapter’s Teach-A-Rama program, **Kimme Carlos**, told participants ‘don’t let people downplay the feelings we have’. During this pandemic, we feel what crisis feels like. **Crisis feels like: anxiety, denial, dread, fear, panic, and uncertainty.** These are natural feelings to have.

Kimme thanked sorors for pivoting during a pandemic and shared her own personal, emotional and physical healing as a recovering alcoholic. She is the proud daughter of Dr. John Carlos, winner of the Bronze Medal for Track and Field in the 1968 Summer Olympics. The audience was told that her father raised his hand for all the Black and Brown domestic workers in New York.

**Do what’s necessary — schedule what’s urgent.
What is urgent for someone else, may not be urgent for you to ‘deal with’.**

“MAKE YOURSELF THE PRIORITY”



The speaker provided a toolkit full of healthy strategies to manage our own health care as women – Black women. She began by giving us the permission to ‘make yourself the priority’. Guests were given a definition of Mental Health: **LIVE — LOVE — LAUGH — LEARN.** Selfcare strategies for women include paying

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attention and being committed to how we are with the: (1) Mental/Emotional, (2) Physical, (3) Faith/Spiritual, and (4) Financial, being financially savvy and strategic about finances.

MANAGE BOUNDARIES AND PRIORITIES

We know what it feels like when we've reached our limits. Kimme struck participants with this profound piece of advice, "Do what's necessary, and schedule what's urgent. What is urgent for someone else, may not be urgent for you to deal with". She said that we should make adjustments when you feel you are being infringed on.

Kimme's other sage advice and wisdom:

Build healthy and productive support networks. Your inner circle is mutual respect, mutual confidence – and no judgement. People who don't, bring dysfunction to your life.

REST IS PARAMOUNT

"JUST BE" Give yourself the opportunity to rest. **Just sit.**

Be proactive about stress management. **MINDFULNESS** – give yourself permission to be in the moment. Be present. There are benefits to allowing yourself to be still and meditate.

It's a myth that Blacks don't die from suicide. We know what hopelessness and helplessness

GIVE YOURSELF GRACE

feels like even if we don't know the vocabulary for it. *We should become the safe person for someone to have that one person to share with.*

Learn to set boundaries professionally and in church. You'll find the words to help you set your boundaries.

How blessed you are – that's gratitude. Gratitude is counting your blessings.

CREATE A GRATITUDE BOX

Recognizing the grace, mercy, favor – the Creator has shown you – that gives you Purpose.

TOXIC HAPPINESS – Pretend that all is good – ignore the pain. Allow yourself to feel what you feel. Don't let anyone minimize how you feel.

Be grateful for the joy in your life!

CHASE JOY

THESE CONVERSATIONS HAVE TO BE HAD



Kicking off **Black History Month** and commemorating **National Freedom Day**, the Gamma Gals of **Gamma Chapter** watched and discussed the Ava DuVernay Netflix Documentary, '**13th**'. You could hear a pin drop as chapter sorors and their guests listened with emotional

indignation to the historical account of how the passing of the 13th Amendment gave way to a new kind of slavery of Black people that we know as, *Incarceration*. **There will be another iteration of 'prison' – (enslavement)**. Sorors were reminded that slavery was an Economic System. The loophole in the 13th Amendment resulted in mass incarceration of **free** Blacks after the Civil War. Because America and the White establishment needed Black working bodies, all kinds of accusations were leveled against **FREE** Black people to justify their imprisonment and restore a healthy economy.

A disturbing timeline was presented of the escalating increase in Black incarceration through the decades. Justification for the mass incarceration of Black people continues to be cloaked in 'law and order'. **Past Supreme Basileus, Charlotte Williams**, gave participants a reality check by stating that 'slavery never ended because the prison system became the new slavery'.

Presidents, Mayors, and communities have supported policies which are adverse to their own communities. Those is which Black people get hurt worse than Whites.

- The War on Drugs – was a war on communities of color
- The Florida 'Stand Your Ground Law' started the movements (Black Lives Matter) currently seen (Trayvon Martin)

- *Lobbyists advocate for policies and programs designed to pad the pockets and make rich those with interests in a growing prison population*
- *ALEC – American Legislative Exchange Council, is one of the funding sources for the passing of legislature supporting a strong Prison Industrial Complex. Sponsors include: Walmart, FedEx, Facebook, Google, AT&T, Verizon, NRA and CCA (CCA is the leader in private prisons)*

Communities of color are under perpetual incarceration in their communities while companies get rich from GPS devices. Corporations are wealthy because of the business relationships with the prison system.

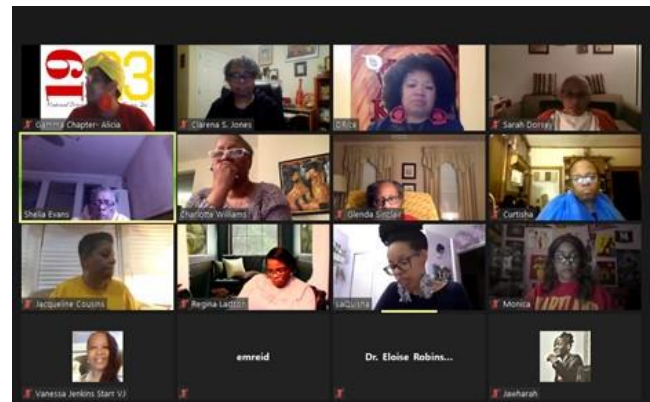
- *food service*
- *telephone use*

Black people often abdicate their due process and instead plea bargain for fear of going to jail for crimes not committed – rather than have a court trial. Unfortunately, the collateral consequences are, when you’re branded a felon, it impacts your opportunities for employment, credit worthiness, and voter rights.

‘These conversations have to be had’ — according to one participant, “Our kids want answers – to know what they can do – they want information. They want to be the next set of leaders in the movement.”

Other comments were: “Racism is still alive. They’re still locking our babies up.”

“When you’re not quiet, it comes with a price.”



Black movement to overturn corrupt justice is always met with resistance:

Fred Hampton (Black Panthers) was feared by the government because of his ability to unite people.

"Project 1619: History Through Our Eyes"

(The Struggle to Include African-American History In the Curriculum)

One shouldn't take it for granted that students are receiving instruction about African-American History, not even during a month that's dedicated for that purpose.

ZETA Chapter conducted their virtual panel discussion on the challenges and roadblocks of introducing and implementing a curriculum for African-American History. Sadly, the observation was made that with the focus of teaching to the test, teaching African-American History is on the back burner.

Chapter Basileus, Soror Dr. Robinson-Redd gave background information about the '1619 Project'. The first panelist to speak, Dr. Lillian Gaskins-Green related her interest and pioneering efforts to integrate Black History into the Philadelphia, PA curriculum in 1967.



She was determined to introduce Black History beginning in grade 1 rather than fourth grade. Dr. Gaskins was instrumental in developing appropriate grade level materials – when no materials were easily or readily available.

Establishment of the African-American History Curriculum did not become official in Philadelphia until 2005.

JoAnn Milligan had a desire to know why she was learning about everyone else's

BETA LAMBDA CHAPTER

"Who's Who? Who Am I?"

February 21, 2021

Soror Valeria Edwards, chair for the 'Celebrating Black History' program, and sorors of Beta Lambda Chapter showcased their youth and their knowledge of various Black legends. The young people tested the audience and each other to name the person being described. Jaden Moye recited the poem "Praise Song for the Day" by Elizabeth Alexander. In her greetings, Eastern Regional Director, Dr. Patsy O. Squire, encouraged the audience to 'do what we can to reach our children and teach our history. Students watched the video "**Black Excellist: 10 Young Black Entrepreneurs and Millennials**", about very young – highly successful students.

[https://youtu.be/ XDI0nIZA68](https://youtu.be/XDI0nIZA68)



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Empower the Sisterhood!

history except her own. Even still, as an 8th grade elementary school teacher, African-American History isn't taught. Unfortunately, African-American History isn't taught until high school. Exasperated, Ms. Milligan said that it's difficult to get a mandated African-American History Program implemented.

Ismael Jimenez informed the audience that there are no standards for teaching African-American Education, saying that it's important to start teaching Black History at an early grade so that students know they are important.

Soror Melanie Balaputra spoke about the Amistad Legislation in New Jersey which requires schools to teach about the contributions of African-Americans. (Perhaps a panel discussion about how this is working in new Jersey public schools). Soror Balaputra feels that we have to start talking about our Teacher Prep Programs. It should be impossible to receive teacher certification in Social Studies if you don't understand the full history of who we are as a country and people of color.

Mr. Jimenez stressed that Black History is not SIMPLY.....but that Black History must be taught in human-affirming terms.

The program concluded with ideas for future discussions:

- The harmful practices inflicted on students of color by teachers of color
- Dr. Squire suggested the idea of Mini Parent Universities using ZOOM to educate parents in one-minute informational moments



JoAnn Milligan

Ismael Jimenez



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YES, WE DO MATTER!



Luther, President of the Delta Pi Chapter Kudos, delivered a powerful reflection on the change for Black people. He began by asking the question, "When will our change come?" "Our education, dignity, and lives matter". Xinos and Kudos participated in the 5th Annual Black History Program in conjunction with Eagle Academy for Young Men of Newark, NJ on February 6, 2021. The theme for the program was, "Moving Forward With Good Trouble". Aaron Greene, Esq., Associate Council for the NJ Institute for Social Justice, was the guest speaker.

Mr. Greene delivered many profound statements about our journey to freedom. All GREAT!

One day we will benefit from all the fruits of labor of our ancestors – and one day we'll walk into a road of freedom where we All benefit from the fruits of labor that were fought, fought, fought for generations.

Anytime we enter a space, there is something about us that is just so powerful and so transcendent, we go to another level.

The BEST way to Honor our History is to make history.

Even after moments of resistance, our people are still suffering.

Harriet Tubman had a love ethic that extended beyond herself.

Our youth are our future and our present. There has to be a path to redemption.

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The Prison System is an invisible Jim Crow – we can't see how our people are being beaten, abused and stripped of their rights to life.

The Black radical tradition is — standing in solidarity with those that are suffering the most.

The most oppressed in our country and our world hold the key to Liberation.

We have to honor those among us that do the work every day.

The road to freedom and liberation is long, but it's not over.

The first activists were called abolitionists who wanted to abolish every scent of oppression in this country

SANKOFA
go back to go forward



Aaron Greene, Esq.

National Sorority of Phi Delta Kappa Inc.
Beta Omicron Chapter
African American History Committee
Celebrating the Movers and Shakers

Past and Present

Black Lives DO Matter!

Beta Omicron members, visiting sorors and guests were captivated by the dazzling Hollywood-like production and ambiance experienced during Beta Omicron's virtual African-American History Program on February 27, 2021. It was obvious that a lot of planning, coordination, and time went into making this program exemplary in so many ways. Program organizers, participants and the technology committee worked diligently to bring their audience an enjoyable, educational, informative, and professionally delivered presentation. Beta Omicron demonstrated a high level of expertise using ZOOM that had a feel of being in a movie theater or watching a documentary in the comfort of your living room.

The mood was established by Soror Patricia Whitney who announced that she read in a US World Report article that The Black Lives Matter Movement has been nominated for a Nobel Peace Prize. Throughout the program, Beta Omicron's theme was constantly being reinforced that **Black Lives Do Matter**. Soror Karen Lettsome read the essay, "A World Without Black People" by Philip Emeagwali, adding to the point that the everyday conveniences we've become accustomed to and enjoy are made possible because of many inventions developed by African-Americans which evidences that **Black Lives Do Matter**.

Sorors and Xinos took us on various tours that told the story of a number of Movers and Shakers and historical landmarks. Beta Omicron sorors took us on tours of historical African-American landmarks right in their own backyard. We got to see actual footage of sorors giving their presentations at the historical locations they were speaking about. Participants got to see and hear about: (1) **The African-American Museum of Nassau County**; (2) **Historic Addisleigh Park, Queens NY**; (3) **The Louis Armstrong House Museum in Corona, Queens**; (4) **The Harriet Tubman Memorial**; (5) **The Frederick Douglass Monument**; (6) **The African Burial Ground with Beta Omicron Youth** – and many other African-American historical landmarks throughout the United States. Soror Susan Richards even made sure that while on the tours that travel accommodations were made for seasoned sorors and guests assuring that they were comfortable and able to fully participate in all adventures. Soror Carolyn Canty enlightened the audience on the history, community, and people of Addisleigh Park which is known as 'The African-American Gold Coast.

The program was interwoven with poetry, readings, original spoken word, musical performances, and a video tribute to those Movers and Shakers who transitioned during 2020-2021. Christopher Mitchell, a Beta Omicron Kudos, a gifted writer and orator performed another of his original pieces entitled "Lost and Found". He has a keen perspective on many societal issues. Xinos, Myah Mitchell delighted the audience as she played 'Amazing Grace' on the violin. The youngest participant on the program, Little Miss Nia Thomas, recited her very own original spoken word called 'What If'.

After hearing the poem "Ego Tripping" by the poet Nikki Giovanni, Soror Patricia Whitney gave the audience her interpretation of the poem to mean, **LOOK AT OUR BEST - BLACK LIVES DO MATTER!**

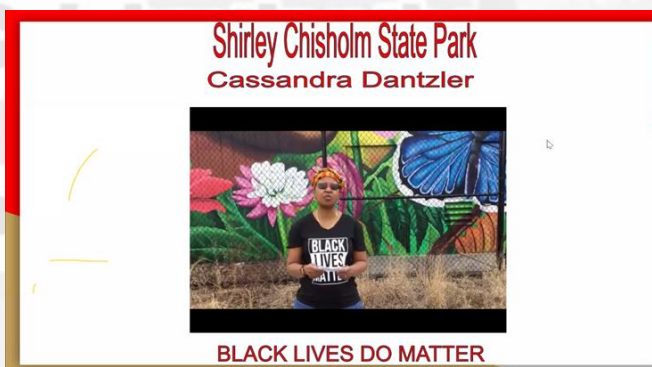
Without a doubt, Beta Omicron Chapter was clear: **BLACK LIVES DO MATTER!**



Soror Carolyn Canty



Soror Karen Lettsome



“Ego Tripping” by Nikki Giovanni

I was born in the Congo

I walked to the fertile crescent and built the Sphinx

I designed a pyramid so tough that a star that only glows every hundred years falls into the center giving divine perfect light

I AM BAD.

I sat on the throne drinking nectar with Allah

I got hot and sent an ice age to Europe to cool my thirst

My oldest daughter is Nefertiti

The tears from my birth pains created the Nile

I AM A BEAUTIFUL WOMAN!

I gazed on the forest and burned out the Sahara Desert with a packet of goat's meat and a change of clothes

I crossed it in two hours

I am a gazelle so swift – so swift you can't catch me.

For a birthday present when he was three

I gave my son Hannibal an elephant

He gave me Rome for Mother's Day

MY STRENGTH FLOWS EVER ON!

My son Noah built new/ark and

I stood proudly at the helm as we sailed on a summer day

I turned myself into myself and was Jesus

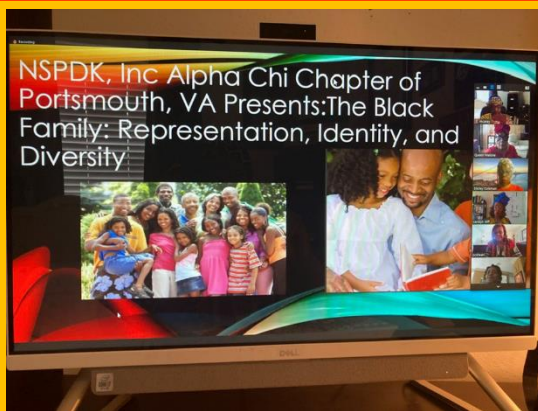
Men intone my loving name

ALL PRAISES – ALL PRAISES

I AM THE ONE WHO WOULD SAVE!

I sowed diamonds in my back yard
My bowels deliver uranium
The filings from my fingernails are semi-precious jewels
On a trip north, I caught a cold and blew my nose giving oil to the Arab world
I am so hip even my errors are correct.
I sailed west to reach east and had to round off the earth as I went
The hair from my head thinned and gold was laid across three continents.

**I AM SO PERFECT, SO DIVINE, SO ETHEREAL, SO SURREAL
I CANNOT BE COMPREHENDED – EXCEPT BY MY PERMISSION
I MEAN... I ... CAN FLY
LIKE A BIRD IN THE SKY...**



Alpha Chi Chapter held their Black History Program on February 27, 2021. The theme of the program was “The Black Family” – representation, identity, and diversity.

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HIDDEN FIGURES

XI CHAPTER – XINOS and KUDOS

FEBRUARY 28, 2021

We end our celebration of African-American History Month by taking another look at our Sheroes and Heroes. The Xinos and Kudos of Xi Chapter engaged in some seriously deep probing research to find some of the *hidden facts* - not commonly known to the public - that were revealed in their presentations. The chapter's youth prepared visual slides and created poster board displays to accompany their oral presentations. Program Chair Annissa C. Pinkney and her committee, Basileus Regina Rowland Perry, sorors of Xi Chapter, and parents are commended for the quality of the presentations and the respect shown for each hidden figure.

The video of the HBCU Voices of History Concert Choir opened Xi's program with their superb rendition of The Negro National Anthem. Soror Farela Howie recited "Too Black" by Cynthia Moore and Kudos Tyrell Ferguson sang "Yes Jesus Loves Me"



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Too Black
by Cynthia Moore

They take my kindness for..... WEAKNESS.
They take my silence for.....SPEECHLESS.
They consider my uniqueness.....STRANGE.
They call my language.....SLANG.
They see my confidence as.....CONCEIT.
They see my mistakes as.....DEFEAT.
They consider my success.....ACCIDENTAL.
They minimize my intelligence to.....POTENTIAL.
My questions mean I am.....UNAWARE.
My advancement is somehow.....UNFAIR.
To voice concern is.....DISCONTENTMENT.
If I stand up for myself I am.....APPREHENSIVE.
I am defiant if I.....SEPARATE
I am fake if I.....ASSIMILATE.
My character is constantly.....UNDER ATTACK.
Pride for my race makes me..... "TOO BLACK."

WELL DONE, MY GOOD AND FAITHFUL SERVANT



**Soror Ella Riley Gardner
THETA Chapter**



**Soror Brenda Marable-
Freeman
DELTA LAMBDA CHAPTER**

**Soror Connie Brown
XI CHAPTER**

**Soror Anna Mae
Washington
ALPHA ZETA
CHAPTER**



**Soror Frances
Judson
DELTA PHI
CHAPTER**

CONDOLENCES

**Soror Cathleen Snyder – THETA Chapter (Husband)
Mr. William Howard Snyder**

Soror Bettie McClairen – XI Chapter (Mother)

Soror Karen Walker – XI Chapter (Father)

SICK

DELTA PI CHAPTER

Soror Elizabeth Corker

Soror Portia Lowery

Soror Hattie B. Solomon



NATIONAL SORORITY OF PHI DELTA KAPPA, INC.



EASTERN REGION

73rd

**YOUTH LEADERSHIP
CONFERENCE**

2021 EDITION

THEME

"MOVING FORWARD IN A CHANGING WORLD"

April 23 - April 24, 2021

**HOST CHAPTERS
ZETA & GAMMA MU**

Dr. Etta Carter, Supreme Basileus

Anona Huntley, National Youth Coordinator

Dr. Patsy O. Squire, Eastern Region Director

Chaleeta Hines, Eastern Region Xinos Chair

Felecia Laury, Eastern Region Kudos Chair

Dr. Eloise Robinson - Redd, Basileus Zeta Chapter

Andrea Wyche, Basileus Gamma Mu Chapter

Celeste Walters, Youth Conference Co-Chair

Shirley Washington, Conference Co-Chair

XINOS

KUDOS

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**LEADING CHANGE IN NEW JERSEY
BLACK AND LATINX WOMEN IN POLITICS**

Honorable LaMonica McIver
Central Ward Councilwoman
Newark Municipal Council

Sara Peña
Board Member, Latinx United for
Political Empowerment

Dr. Joyce Harley, Esq.
First Black person elected to the
South Orange City Council
Former Mayor of South Orange

Jacqueline Quiles
Deputy Mayor of Community
Engagement
City of Newark, NJ

MARCH 18, 2021 | 6:00 P.M - 7:15 P.M EST

Hosted on Zoom

Register at www.creedstrategies.com



STANDING IN THE GAP | BLACK WOMEN LEADING EDUCATION

Jamina Clay
Assistant Superintendent, School
District of Philadelphia

Dr. Karren Dunkley
CEO and Consulting
Principal, Parkway Charter High School
Senior Chief Officer of Talent and Community
Engagement, School District of Philadelphia

Chrishaun Fitzgerald
Principal, Highlands Elementary
School, West Cape May School
District, NJ

Ayana Dixon
Assistant Principal, Chesnut Corner
and Technical Education High School
Newark City Department of Education

MARCH 26, 2021 | 6:00 P.M - 7:15 P.M EST

Hosted on Zoom

Register at www.creedstrategies.com



The National Sorority of Phi Delta Kappa, Inc
RHO Chapter
Presents Its
20th Annual Scholarship and Awards Luncheon

“Cultural Relevancy in the 21st Century”

Date: Saturday, March 27, 2021

Time: 11:00 a.m. – 12:30 p.m.

Place: **“HOME, SWEET HOME”**

Scholarship Ticket donation: \$28 per person

You must register to receive the link for the virtual luncheon. Registration form and payment can be made on our website - www.nspdkrhochapter.org

National Sorority of Phi Delta Kappa, Inc
XI CHAPTER
Presents
**XI'S
SPRING BINGO BASH**

Featuring
YOUR CHANCE TO WIN DESIGNER BAGS
Friday, April 9th, 2021
VIA ZOOM - 7PM-9PM
Cost: \$30

**BINGO GAMES
W/ TOP PRIZES
SPIN TO WIN
DOOR PRIZES
ENTERTAINMENT**

FOR ADMISSION, PLEASE RSVP to sisterkarkelly51@gmail.com by April 2, 2021
Payments can be made via paypal@xichapternspdk@gmail.com
Checks can be made payable to XI Chapter, 4 East 17th St, Chester Pa 19013
Include your name & email in memo for confirmation & zoom link
FOR MORE INFO CONTACT: Karen Kelly @ 610-357-2615
PROCEEDS BENEFIT SCHOLARSHIP & XI CHAPTER PROGRAMMING

Karen Kelly, Chairperson Dayonna Dill, Co-Chairperson
Regina Rowland Perry, President

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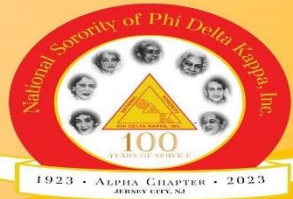
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Save the Date!

Celebrating
Our Founders



More Information



Alpha Chapter's
Centennial Celebration

May 19-21, 2023

Chat-N-Chew
Pamper Party
Video Show
Spotlight Time
Torchlighting

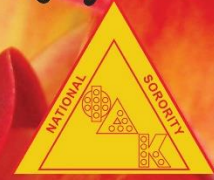


Celebrating
Our History



To Follow

National Sorority of Phi Delta Kappa, Inc.



"To Foster a Spirit of Sisterhood Among Teachers and to Promote the Highest Ideals of the Teaching Profession"

EASTERN REGION
1ST VIRTUAL
ONE DAY
CONFERENCE



SAVE THE
DATE
JUNE 19, 2021

Theme:
Integrate, Innovate, Motivate!

Host Chapter
Delta Nu

Dr. Etta Carter, Supreme Basileus
Dr. Patsy O. Squire, Eastern Region Director
Gwynne Burt, Basileus Delta Nu Chapter
Pamela Gary Maple, Conference Co-Chair
Moishe Shayland Williams-Conference Co-Chair
Sylvia Ligon, Registration Chair

The National Sorority of Phi Delta Kappa, Incorporated seeks to attract individuals who possess good moral character, exemplify self-respect and exhibit professional integrity. Candidates for membership must be actively engaged in the field of education, or retired within the last 1-5 years from the field of education at the time of application for membership.



www.nspdkeasternregion.org



Clarena S. Jones, Public Relations Chair – Eastern Region

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